



Day Training & Habilitation

AccessAbility's Day Training & Habilitation (DTH) program is designed to enhance consumer skills and abilities through community employment, work services, vocational training and community integration. People in AccessAbility's DTH program are offered a wide range of services based on their unique needs through a variety of different program components (see list below). All components include case management, nursing, and personal care attendant services.

Step Into Work allows consumers to earn income through sub-contract assembly/packaging and mailing jobs in the employment center. Vocational training is customized according to each consumer's individual plan.

Accessing Community Experiences (ACE) has been specifically designed to meet the needs of adults with developmental disabilities who, due to age, medical fragility or cognitive ability may not benefit from a traditional vocational component. Options are designed around consumer choice and range from leisure and recreational activities to paid work. An additional program component, Senior Solutions, focuses on integrating consumers 55 years of age and older into senior activities in the community.

Every Day Life Experiences (ELE) allows DTH consumers the opportunity to participate in a variety of structured classes ranging from cooking to sports and leisure. All classes incorporate community integration at varying levels. Paid work continues to be a part of this component.

Community Based Work Teams provide businesses with qualified workers in a variety of employment settings throughout the Twin Cities area. People may be placed in work sites either individually or as team members. They are provided ongoing training and support services by a permanent site supervisor.

Friends Together is a unique and rare DTH component that is designed to allow participants the opportunity to gain skills in planning and participating in social activities in their community. Activities include movies, bowling, museums, sporting events and concerts.

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