

Helping people with barriers to
employment and community
inclusion since 1948

Donate



5K Run, Walk 'n' Roll

June 18, 2022

N. Mississippi Regional Park
5116 N Mississippi Drive
Minneapolis, MN

On-site Check-in: 8:00 AM
Opening Ceremony: 9:00 AM
Runners Start: 9:15 AM
Walk n' Rollers Start: 9:30 AM

Join us for some fun at North Mississippi Regional Park for the 12th Annual 5K Run, Walk 'n' Roll event on Saturday, June 18, 2022. After a two year hiatus due to the pandemic, we are once again looking forward to getting together for AccessAbility's annual Run, Walk 'n' Roll event.

Part of the fun of the fun is forming teams to raise funds together. Both individuals and teams will be eligible for fundraising awards/prizes. AccessAbility's staff really gets into the competitive spirit for this event!

How to Sign Up for 5K Run, Walk 'n' Roll

Registration Link: [5K Walk 'N' Roll Online Registration](#)

Individuals - \$30 minimum donation as your registration fee.

You may make your own donation or ask others to help you fundraise this amount. If you wish, you may also set a higher fundraising goal and ask your supporters to go that extra mile.

Teams - \$30 minimum donation per person as your registration fee.

Teams are also encouraged to increase their fundraising goal to help us do even more for program participants.

All participants will be provided with a link to share on social media or via email to engage others in your fundraising efforts.

Sponsorships are also available for the event. Click [here](#) for sponsor information.

Volunteers are needed to help with the event. If you are interested in helping, please contact Jacki Gale or Katie Ormston at 612.331.5958 to learn more about volunteer opportunities.

AccessAbility is a 501 (c) 3 non-profit organization so all donations are tax deductible.

Please contact AccessAbility at (612) 331-5958 for more information.

New MSU Graduate, Robert

Robert was referred to AccessAbility in 2017 for job development, at which point he was employed at Design Ready Controls as a Level 1 Tester. In 2020, Robert decided it was time to discuss career advancement options with his employer. During one of his weekly meetings with HR and his supervisor, he bravely brought up the topic of advancement and education. HR and Robert's supervisor highly encouraged him to begin the enrollment process for Minnesota State University - Mankato for a Masters Degree in Engineering Management.



Over the last 2 years Robert has been attending classes throughout some of the most challenging times for individuals with disabilities. Robert is an individual with Autism which made it difficult for him to learn remotely. Robert has embraced this challenge and many other challenges along the way such as losing his mother in 2021 and his sister in the beginning of April 2022. Robert held a 3.9 GPA the entire 2 years of school with back-to-back 4.0 GPA semesters, all while continuing to work Full Time (plus) at Design Ready Controls with a 100 percent attendance record since he started.

During the last 2 years, Robert also advanced his position from Level 1 Tester to Level 2 Tester in 2018 and Senior Tester in January of 2021.

On May 7th, Robert graduated from MSU with his Masters Degree in Engineering Management. What is his next goal? Just wait and see.



Board Member Cassandra Kuebler

Meet Cassandra Kuebler, AccessAbility Board Member. Ms. Kuebler, born and raised in Lakeville, MN, is an attorney with Sanford, Pierson, Thone & Streat, PLC in Wayzata, MN. She is also an Ambassador for the Excelsior-Lake Minnetonka Chamber of Commerce. Cassandra serves on the AccessAbility Development and Fundraising Committee.

Born and raised in Lakeville, MN, Cassandra attended the University of Pittsburgh before returning home to attend Mitchel Hamline School of Law in St. Paul, MN. She is one of the Minnesota Wild's biggest fans and a country music aficionado. When not practicing law,

you can find her traveling the world or jet skiing across one of Minnesota's many lakes.

We had an opportunity to learn more about why Cassandra became such a great supporter of AccessAbility and she was kind enough to answer a few of our questions.

How did you first get involved with AAI?

A: I first got involved with AAI in April of 2021. At the time, I was working at the same law firm as board member Mark Young who recruited me to become an additional member of the board.

What has surprised you most about working with AAI?

A: AAI's mission to provide opportunities for self-sufficiency for people with barriers to employment and community inclusion is such an honorable undertaking that I personally feel an opportunity provided to one member of our community is a success. But, what surprised me most about AAI is that their mission has successfully changed the lives of 108 individuals just in 2021 in the midst of a global pandemic. The determination and creativity of the AAI staff has led to the development of programs and services for a great variety of people.

Why did you choose to support AAI instead of other organizations?

A: I chose to support AAI instead of any other organization because I support AAI's objective and approach for benefitting our community. AAI's objective is to be leaders in enriching the lives of the people they serve. They have taken a collaborative approach to involve local businesses, government agencies and educators to ensure that individuals are integrated into all aspects of the community. AAI is in a unique position where their resources have the ability to not only provide stability to those trying to overcome barriers to employment but to provide day to day inclusion opportunities to adults who live with developmental/intellectual disabilities.

What would you tell someone who is thinking about getting involved with AAI?

A: Choosing to get involved with AAI is one of the most rewarding decisions you can make. The dedication of the AAI employees and the joy radiating from the people served creates such a happy atmosphere that you will want to continue to be a part of it.

To learn more about volunteer and board opportunities, please call 612-331-5958.

**Project Connect
Employment Partner
Yeadon Domes**

AccessAbility's Project Connect case managers work with nearly 50 area businesses to help place individuals into jobs in the community.

Local Minneapolis company Yeadon Domes, a leader in the air-supported structure industry, is one those partners. We appreciate their willingness to work with us to meet their hiring needs and their support

**2022 Upcoming
AccessAbility Events**

**Cornhole Tournament
July 2022**

**2022 Partners Appreciation
Open House
September 30, 2022**

More details coming soon!

Honoring 2022 Funders

individuals with barriers to employment.

"You guys do some amazing work! I was very impressed with what you guys do there." -Yeadon Domes

For more information about Yeadon Domes, go to yeadondomes.com.

We appreciate the **K.A.H.R. Foundation** for a grant award to AccessAbility again in 2022! The award will enable Project Connect to help program participants receive certifications, skills training, and job placement services on their road to finding full-time employment and improving their lives in our community.



A Message from the President:

After a two year absence due to Covid 19, AccessAbility's annual 5K Run, Walk and Roll is returning. Mark your calendars for the the morning of June 18, 2022. This is fun event where program participants, staff and supporters can get together and enjoy a beautiful Minnesota summer day.

Sponsorships are available for the event and the online registration site is ready. We hope to see you there! Contact

AccessAbility at 612-331-5958 for more information about volunteer opportunities or to make a contribution.

Michael J. Krebsbach, MBA, CPA
President and CEO

AccessAbility, Inc.

360 Hoover St NE
Minneapolis, MN 55413
(612) 331-5958
www.accessability.org



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